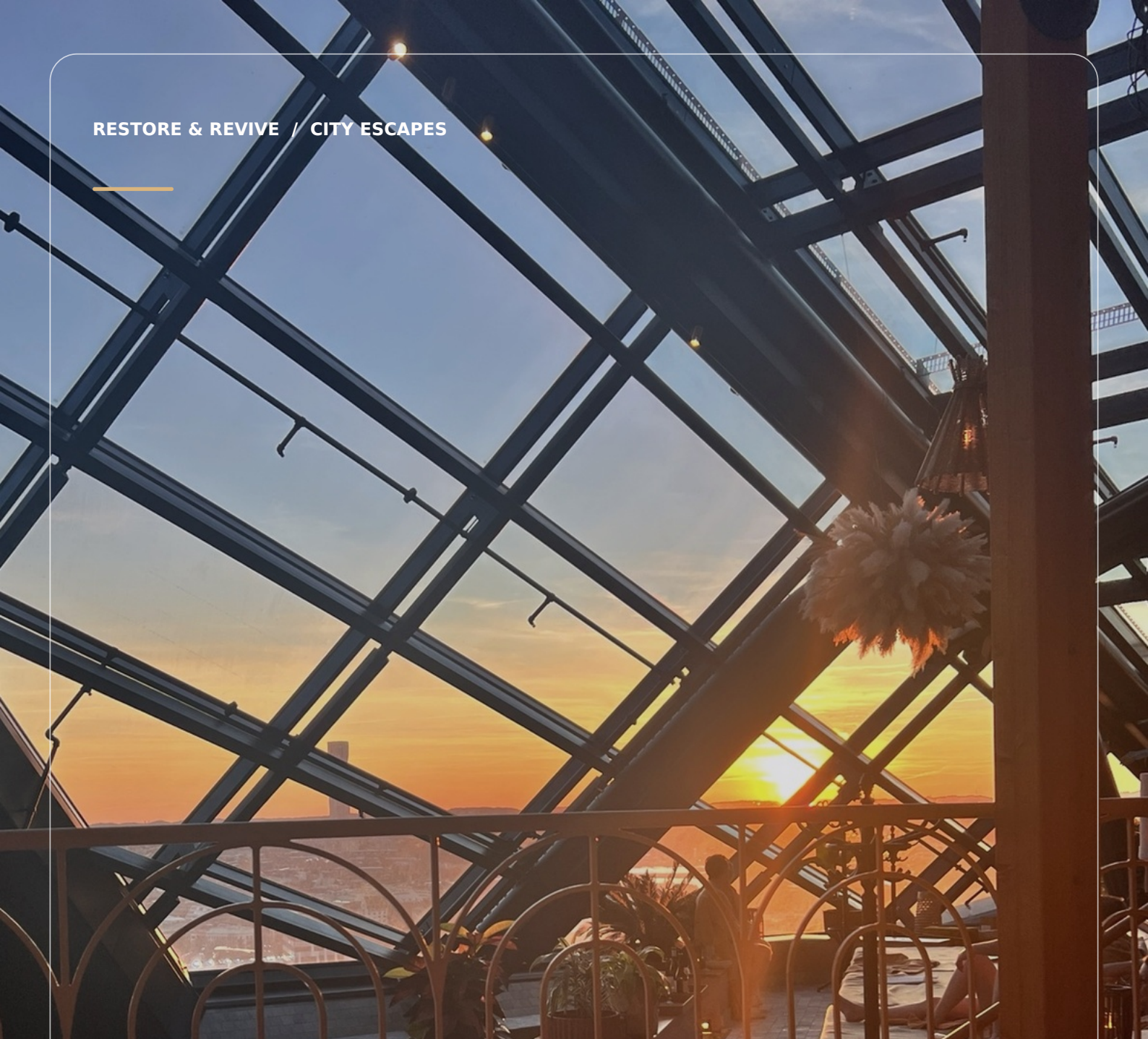


A photograph of a rooftop pool club with a glass roof. The sun is setting, creating a warm orange glow. The roof structure is made of dark metal beams. In the foreground, there is a metal railing with arched patterns. A person is visible in the background, sitting on a lounge chair. A large, fluffy, light-colored object hangs from the ceiling.

RESTORE & REVIVE / CITY ESCAPES

GOTHENBURG · SWEDEN

JACY'Z

A rooftop pool club above the city

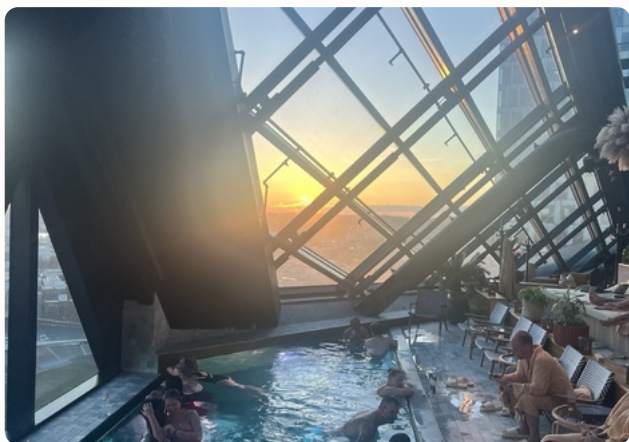
My visit to Pachanga Pool Club & Spa, with practical tips
for planning a stylish Gothenburg escape.

A FIRST-HAND GUIDE BY PARVEEN AKHTAR

SEPTEMBER 2026

A closer look around Pachanga

Warm water, glass architecture and a little rooftop glamour.



THE ROOFTOP POOL

Light-filled water beneath the glass roof



CITY-VIEW DAYBEDS

Slow down and watch the city below



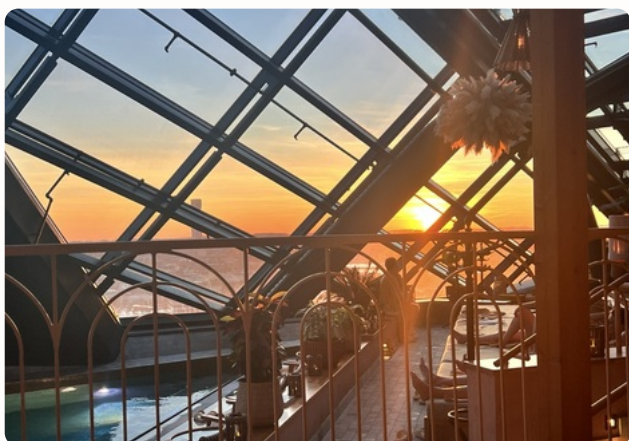
THE FIRE LOUNGE

A cosy pause between pool moments



A PLACE TO UNWIND

Soft daybeds and warm, layered interiors



SUNSET OVER GOTHENBURG

The rooftop takes on a different glow



DRINKS AND DINNER

The hotel's social spaces carry the mood

Your Jacy'z and Gothenburg guide

My visit, the rooftop spa and everything you need to plan the trip around it.

Made from the questions on my Reel

My Jacy'z Reel passed 350,000 Instagram views and brought in thousands of comments asking how to book, what it costs and whether you need to stay at the hotel. This guide brings the practical answers together with ideas for making a whole Gothenburg trip of it.

What you will find

Airport flights and transfers, walkable routes, public transport, day-spa booking, budget tips, hotel alternatives, ten spa ideas and ready-made itineraries.

My kind of trip

A memorable rooftop spa, plenty of time to wander, affordable cafe stops and no taxis unless you really need one.

Quick facts

Jacy'z Hotel & Resort is in central Gothenburg. Pachanga Pool Club & Spa is on floors 27 and 28. Day entry is available without an overnight stay. Sweden uses SEK, not euros; prices below are shown in approximate GBP.

Price note

GBP amounts are rounded estimates converted from Jacy'z SEK prices, checked on 30 September 2026. Exchange rates and offers change, and the venue charges in SEK. Confirm the current total before booking.

You do not have to spend a fortune to enjoy the city. A spa-only visit, a central budget hotel, cafe meals and walking between sights can keep the trip manageable.

A Stansted day trip or one-night escape?

Direct flights make this a realistic short break - check the exact timetable before you plan the spa.

Can you do Gothenburg as a day trip?

A direct London Stansted (STN) to Gothenburg Landvetter (GOT) route is scheduled with Ryanair. The flight is around 1 hour 50 minutes. Some dates have an early outbound and a late return, so a day trip can work when those flights line up - but it leaves little room for disruption.

The quick trip

Check that both flights operate on the exact same date. Add airport coach time, security, spa booking time and a buffer for delays. Keep the plan to one main activity and a walk or meal.

The more comfortable option

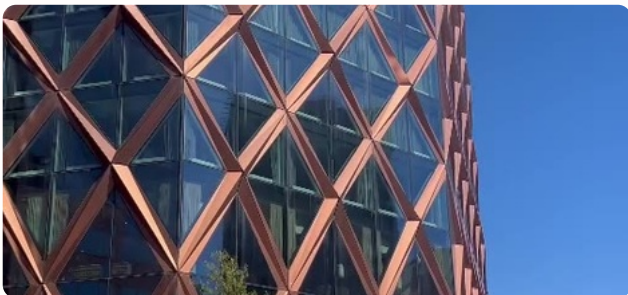
Stay one night. You can enjoy the spa without watching the clock, have dinner, wake up in the city and still fit in a relaxed morning before the return flight.

Which days should you look at?

Ryanair's route information says Tuesday or Wednesday departures are often cheaper, but fares depend on demand and dates. Compare a flexible calendar across the whole week rather than assuming one weekday is always best.

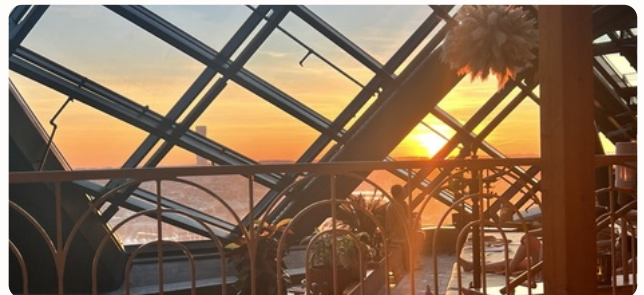
When should you book?

There is no guaranteed cheapest day of the week to purchase a ticket. Use Ryanair's Fare Finder, set a price alert if available, and compare the final fare after cabin bag, seat and payment choices. Book when the total price and times work for you.



THE JACY'Z TOWER

A striking landmark on arrival



ROOFTOP LIGHT

Glass, skyline and a golden-hour glow

Airport to Gothenburg city centre

A simple transfer plan to start your trip without an expensive taxi ride.

From Landvetter Airport to the city centre

The simplest public option is the Vy Flygbussarna airport coach. It runs to Gothenburg Central Station / Nils Ericson Terminal and also stops at Korsvagen. Journey time is roughly 30-40 minutes depending on stop and traffic; check the live timetable and buy your ticket from the operator.

Airport coach

Follow signs for buses outside arrivals. Choose Nils Ericson Terminal for the central station area or Korsvagen for the event district and Liseberg side of town.

Then to your hotel

From the terminal, use Google Maps or Västtrafik to check whether your hotel is easiest on foot, by tram or by a short taxi. Jacy'z is at Drakegatan 10.

Other options

FlixBus and other coach services may also serve the airport-city route. Taxis are available outside arrivals and can be useful with heavy bags, late arrivals or mobility needs, but are usually not necessary once you are in central Gothenburg.

My tip

For a budget trip, compare the coach ticket with a taxi before you travel, especially if you are with a group. The airport is outside the city, so do not assume a local city transit pass covers the airport coach.

[Airport coach times and tickets](#)

[Airport bus operators](#)

Walk first, ride when it helps

Central Gothenburg is compact enough for a lovely walk between many of the places you will want to see.

Is Gothenburg walkable?

Yes - the central areas are very walkable, and I found it easy to explore on foot. Haga, the central shopping streets, canals, the station area and many cafes can be linked into a pleasant city stroll. Wear comfortable shoes and use Maps to check distances and hills before setting off.

You do not need taxis everywhere

For central sights, walking is often the easiest and cheapest way to get around. Save taxis for late nights, luggage, bad weather or journeys beyond the centre.

When transit helps

Use a tram, bus or public boat for longer hops, the archipelago, Hisingen, Frihamnen or a spa outside the centre.

Do you need a bus pass?

No, not automatically. If most of your plans are central, you may be happy walking and buying a single transit ticket only when needed. If you plan several tram, bus or boat journeys in one day, compare single tickets with a 24-hour or 72-hour Västtrafik ticket.

Use Google Maps + Västtrafik

Google Maps is really helpful for walking directions and seeing how close places are. For local ticket options, route updates and transit journeys, check Västtrafik To Go or the Västtrafik website. Their tickets cover local buses, trams and boats on the listed zones and validity period.

[Västtrafik day tickets](#)

[Västtrafik app and fares](#)

The Jacy'z experience

A rooftop pool club with a skyline view and a very distinct mood.

What stayed with me

The image that made me want to share Jacy'z was the feeling of stepping into a warm pool high above the city. The open skyline, daybeds and sauna moments give it a very different look from a traditional, quiet spa tucked away in the countryside.

A little Miami glamour over Gothenburg

Pachanga is on floors 27 and 28. Jacy'z describes one level as softer and more restful, and the other as the more social pool-club side. That contrast is what gives the visit its personality.

Who it suits

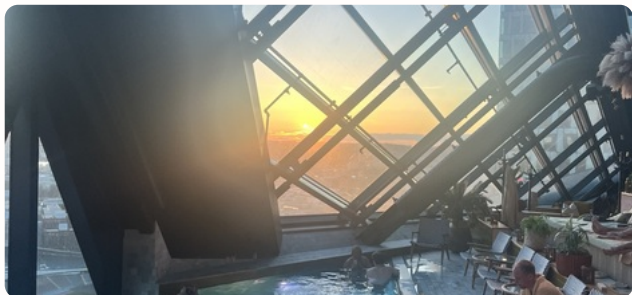
Friends, couples, birthdays and anyone who wants a spa day with atmosphere, views and a bit of occasion.

Know the vibe

This is not an all-day silent retreat. Choose it for the rooftop setting, warm water, sauna and social energy. If quiet is your priority, compare it with Hagabadet or Art Garden Spa.

Why people kept asking

The Reel gives you the visual hook; the planning details are what make it bookable. I made this guide to answer those questions properly, from the airport transfer to the session options.



POOL CLUB

A rooftop dip with the city in view



FIRE LOUNGE

Warm, atmospheric places to pause

Spa day without the hotel stay

Choose a spa-only session, or compare it with one-night offers that bundle the experience.

You do not have to stay at the hotel

Pachanga sells day-spa / Pool Club entry, subject to date and availability. Go to Jacy'z official Pool Club page, choose the day-entry booking, select a date and session, then check the age rule, duration and inclusions before paying.

DAY ENTRY

from approx. £15

Spa / pool-club access; date and session dependent.

ENTRY + LUNCH

from approx. £24

A meal bundle may save money compared with buying separately.

ENTRY + BREAKFAST

approx. £41

Check the session time and breakfast details for your date.

ENTRY + DINNER

from approx. £67

Dinner and a pool session; confirm menu, time and package terms.

Sometimes a cheeky one-night stay is good value

Jacy'z has room offers that combine the overnight stay, breakfast and a selected Pool Club session. Compare the total package with a separate room plus spa ticket; offers can make the overnight option surprisingly good value.

Check the meal details

Some packages include breakfast, lunch or dinner, and some do not. Check the exact meal, time slot and drinks before booking. A meal-included package can help you avoid an extra food spend during the spa visit.

Book day spa directly with Jacy'z

GBP prices are approximate conversions of Jacy'z SEK prices checked 30 September 2026; exchange rates, availability and exact prices vary by date.

Hagabadet Drottningtorget

A hidden, restorative bathhouse beneath the Radisson Blu Scandinavia Hotel.

MY VISIT

I absolutely loved this little underground gem. It felt like discovering a hidden stone bath beneath the city: dim pool lighting, a faint soundtrack and a beautiful mural made from tiny tiles. The massage jets were lovely, and the whole place invited me to slow right down. Jacy'z is rooftop energy; this was my quieter, restorative switch-off.

Warm water & thermal experiences

Pool and water

A warm main pool with massage jets, plus a shallow relaxation pool. I loved the mosaic-tile backdrop, sensory experience showers and the reclining stone shower slab, where you can choose different water and temperature effects.

Heat and contrast

Dry sauna, steam sauna, infrared zone, red-light room and cold plunge buckets. There is also a traditional salt foot-bath area.

Quiet corners

Hammocks, cocoon-style nests, egg chairs, soft lounge seating and calm nooks with pillows and blankets. I especially loved the rocking, gently vibrating chairs; with the soundscape, they created a forest-like sensory journey.

Hammam and treatments

Treatment rooms sit in a separate quiet area. During my visit, the electronically guided stone-bed hammam was included in my spa entry; check whether this is still included when booking.

LIGHT THERAPY

The infrared and red-light spaces added another lovely layer to the visit. Hagabadet also lists optional light-therapy upgrades, such as an infrared/red-light mattress or LED face mask; check availability and any extra charge when you book. These are light-therapy facilities, not extra sauna rooms.

A LITTLE NOTE ON THE ATMOSPHERE

My session felt hushed and deeply calming, but Hagabadet notes that sound and activity can vary by time and day. If you are looking for the quietest visit, ask the spa which session they recommend and book ahead.

FIND CURRENT DETAILS

Official spa information and booking: hagabadet.se/en/what-we-offer/spa/spa-drottningtorget/

Price, opening times & how to get there

SPA ENTRY

About £53

Two-hour spa visit; about £53 per person (price checked 1 October 2026). Pay in Swedish kronor; your card's final GBP total may vary.

Included with entry

Robe and towel loan, coffee or tea, shower products and a spa relaxation guide. Yoga, meditation, group fitness and gym/cardio access may be booked at reception, subject to availability.

Regular opening hours

Monday–Thursday	07:00–21:30
Friday	07:00–22:00
Saturday	08:00–22:00
Sunday	08:00–20:00

These are the club's regular hours; book a spa-entry slot in advance and check for holiday changes.

Classes, light therapy & extras

Hagabadet offers yoga and meditation, group fitness (including Pilates and Fusion-style classes), plus gym and cardio facilities. Spa entry includes bookable classes at no extra charge when places are available; schedules vary, so check the timetable before you go. Treatments, smoothies and some light-therapy upgrades may cost extra. A morning spa-and-breakfast offer is also listed on the official site. Radisson hotel guests may get a reduced spa rate or complimentary access depending on room type; check your booking inclusions.

Getting there

From central Gothenburg
Address: Östra Larmgatan 4, 411 07 Gothenburg. It is inside the Radisson Blu Scandinavia Hotel, beside the central station and Drottningtorget. From Gothenburg Central Station, allow about 5 minutes on foot; follow signs towards the hotel and Drottningtorget.

From Jacy'z
Walk about 8 minutes from Jacy'z (Drakegatan 10) to Ullevi Södra, then take tram 12 to Drottningtorget (one stop). The spa is beside the stop inside the Radisson. It is also roughly 2 km, or about a 25-minute walk. Check Västtrafik To Go for live departures and changes.

MY RECOMMENDATION

Choose Hagabadet when you want a cocooning, low-key spa reset in the heart of the city. Prebook, leave time to explore the little relaxation corners, and check whether your preferred class or treatment needs a separate reservation.

USEFUL LINKS

[Spa & booking](#) | [Opening hours](#) | [Radisson spa information](#)

Keep the trip within budget

My best value tip: spend where you care, and keep the rest simple.

Currency: bring a card, not euros

Sweden uses the Swedish krona (SEK). Euros are generally not accepted for everyday cash purchases, so do not rely on euro notes. Card and mobile payments are common. I used my Monzo card; check Monzo's current terms for your account before travelling.

When the card machine asks

Choose to pay in SEK rather than GBP or EUR. This avoids the shop's own conversion rate; your card provider handles the conversion under its terms.

Food on a budget

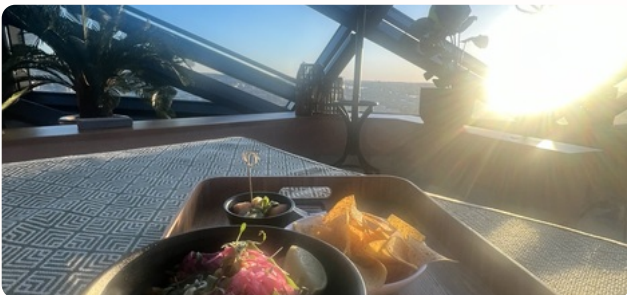
Look for cafes, bakeries, lunch offers, food halls and casual spots rather than choosing a sit-down restaurant for every meal. A coffee and pastry can be a lovely fika stop.

Easy ways to keep the trip affordable

Compare a day-entry spa ticket with the meal-included options. Look at the one-night hotel bundles. Travel midweek if the fare works. Walk around the centre. Use public transport only for longer hops. Check the final price after luggage and seat fees.

Plan a simple food budget

Pick one meal to enjoy at the hotel or a restaurant, then keep the other stops flexible. Supermarkets and casual cafes can help keep costs down. Check whether breakfast comes with your room before buying a separate morning meal.



A BITE ABOVE THE CITY

Food with a view



HOTEL LOUNGE

Layered lighting and relaxed seating

Nine hotels beyond Jacy'z

From simpler central stays to comfortable mid-range options.

Nine other places to compare

These are alternatives to Jacy'z, grouped from simpler-value stays to mid-range city hotels. Room prices change by date and demand, so compare your actual nights and total cost. All give you a base for exploring the city; only Jacy'z has the Pachanga experience.

BUDGET-FRIENDLY

Comfort Hotel City

Central, simple and close to the station.

BUDGET-FRIENDLY

Scandic Go, Lilla Bommen

Straightforward central stay near the harbour.

BUDGET-FRIENDLY

Hotel Vanilla

Small, characterful hotel in the centre.

BUDGET-FRIENDLY

Spar Hotel Majorna

Good-value option in Majorna; transit into the centre.

BUDGET-FRIENDLY

Good Morning+ Goteborg City

Simple city stay on the waterfront.

MID-RANGE

Hotel Poseidon

Comfortable, central base near Avenyn and Haga.

MID-RANGE

Hotel Flora

Boutique feel in a handy central location.

MID-RANGE

Hotel Lorensberg

Classic city hotel near culture and dining.

MID-RANGE

Scandic Goteborg Central

Larger full-service hotel close to the station.

Budget hack: try a Sunday or midweek night, compare breakfast-included rates, and check whether a room farther out still saves money after tram fares.

Ten ways to unwind in Gothenburg

A curated list for different moods, budgets and amounts of time.

Ten spa and sauna ideas

A mix of rooftop glamour, quiet hotel spas, historic bathhouses and simple sauna experiences. The first five are in or near the city; the last five make lovely add-ons if you have more time or want a different setting. Check day access before travelling.

01 JACY'Z PACHANGA

High-rise pool club, warm water and social energy.

02 UPPER HOUSE SPA

Luxury pools and a glass-floor outdoor pool above the city.

03 HAGABADET

Historic Art Nouveau bathing, saunas and treatments in Haga.

04 SANKT JORGEN PARK

Resort-style spa, pools, saunas and outdoor spaces.

05 ARKEN ART GARDEN SPA

Japanese-inspired calm, warm and cold bathing by the harbour.

06 RIVERTON SPA

Hotel spa by the river, handy for the centre and Linnestaden.

07 OBIE SPA | HOTEL DRAKEN

Urban Nordic-style spa near Järnvägen and Haga.

08 JUBILEUMSPARKEN SAUNA

Architectural public sauna beside harbour swimming pools; sauna booking required.

09 HALLSNAS

Lakeside sauna and hot baths; day spa may include lunch or dinner.

10 KUSTHOTELLET STYRSÖ

Island spa with sea air, saunas and a year-round outdoor pool.

Some are hotel spas outside the centre or on an island. Check the route, age policy and non-resident access before booking.

[Official Gothenburg spa guide](#)

Make time for the city

A few special places to pair with a rooftop spa visit.

HAGA

Old wooden houses, independent shops, cafes and classic fika.

LISEBERG

A much-loved amusement park; check its seasonal opening calendar.

UNIVERSEUM

Interactive science centre beside Liseberg.

JUBILEUMSPARKEN

Harbour sauna, floating pools and a new side of the city.

GOTEBORG ARCHIPELAGO

Take a ferry to the islands when you have a spare half-day or longer.

GOTEBORG MUSEUM OF ART

Art and culture around Gota platsen; check current exhibitions.

A nice photo-and-walk route

Start around the canals and central streets, walk toward Haga for coffee, then head to a viewpoint or the waterfront. Gothenburg is easy to enjoy slowly, and Google Maps makes it simple to link areas on foot.

Special experience: the public sauna

Jubileumsparken's sauna is an architectural landmark beside floating harbour pools. The pools and sauna are free to use, but the sauna requires a booking. Check opening and booking information first.

One day in Gothenburg

A compact plan if you find the right early-out, late-back flight pairing.

MORNING

Arrive early

Take the airport coach into town. Store your bag if possible and use Maps to choose one nearby area.

LATE MORNING

Walk the centre

Explore the canals, central shopping streets or Haga. Stop for a cafe lunch or fika rather than planning a long restaurant meal.

AFTERNOON

Spa session

Book Pachanga in advance. Check whether your ticket includes lunch and what time you need to arrive.

EVENING

Dinner, then airport

Choose an easy casual meal and leave a generous transfer buffer. Confirm the late return flight and airport-coach times before you go.

Day trips are timetable-dependent. Keep one main activity, check your return flight and coach, and consider an overnight stay if the timing feels rushed.

Two days: city and spa

A one-night stay gives you room to enjoy both the city and Jacy'z.

DAY 1 | ARRIVAL

Check in or leave your bags, then walk the central streets. Make time for Haga and a cafe stop. Keep dinner casual or book one special meal.

DAY 2 | JACY'Z

Have a relaxed breakfast, then head to Pachanga for your booked session. Choose a meal-included package if the timing and price make sense. Finish with a drink or dinner at the hotel or in town.

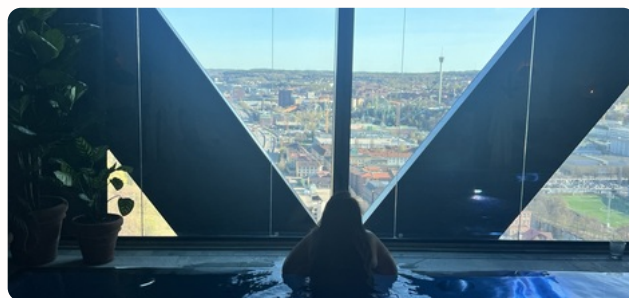
BEFORE YOU FLY

Use Maps to walk where you can. Take the airport coach back with time to spare. Check the current schedule the day before and on the day.



TAKE IT SLOW

Save time to enjoy the view



A FINAL DIP

The rooftop pool at its most cinematic

Three days: a fuller city break

Enough time for the spa, favourite sights and one extra experience.

DAY 1 | CITY

Arrive, settle in and explore the centre on foot. Walk the canals and Haga, take a fika break, and have dinner in town.

DAY 2 | SPA

Choose a morning or twilight spa slot if it is cheaper on your date. Check if breakfast or a meal is included. Leave time around the session.

DAY 3 | EXTRA GOTHENBURG

Pick one: Universeum and Liseberg, a museum and waterfront walk, or a ferry outing to the southern archipelago. Check seasonal schedules and return times.

If you have another night

Add a second spa, visit a nearby island, or leave space for a lazy cafe morning. There is no need to rush the city.

The best version is not the busiest one. Leave an open block for weather, a longer fika or simply enjoying the spa without watching the clock.

The tips I would give a friend

Small choices that make the trip easier and more affordable.

My practical top tips

1. Save the Jacy'z booking page and read what your exact session includes.
2. Look at early-morning and twilight slots; these were the cheapest options I found, though prices change.
3. Compare a meal-included package with buying food separately.
4. Walk around central Gothenburg - you do not need taxis for every journey.
5. Use Google Maps for walking, Västtrafik for public transport, and keep airport-coach details handy.
6. Pay in SEK by card; do not count on shops taking euros.
7. Try cafes, bakeries and lunch offers for lower-cost food.
8. Compare a spa-only day with a one-night hotel deal.
9. Confirm flight times on the exact date before planning a day trip.
10. Leave a buffer for airport transfers and delays.

Mobility or access needs? Contact each spa or hotel directly before booking to check distances, lifts, changing areas and the route from reception. Facilities differ between venues.

A quick packing list

Swimwear, comfortable walking shoes, a light layer, phone charger, card, booking confirmation and any personal essentials. Check whether your spa session provides a robe, towel and slippers.

Enjoy Gothenburg your way

Warm pool, city views, good walks and a little time to unwind.

The final word

Jacy'z is a distinctive rooftop experience, but Gothenburg is what makes it a proper escape. Walk through the city, choose the spa session that fits your budget, and make time for a cafe stop. You can do it as a day trip if flights align, but one night gives you a much more comfortable pace.

Thanks for watching, saving and asking me for the Jacy'z details. I hope this guide helps you plan your own Swedish city-and-spa escape.

Official planning links

Jacy'z spa: jacyzhotel.com/en/pool-club/

Ryanair STN-GOT: ryanair.com/gb/en/flights-from-london-to-göteborg

Airport coach: flygbussarna.se/en/landvetter

Local transport: vasttrafik.se

Gothenburg visitor guide: goteborg.com

Sweden currency: visitsweden.com/about-sweden/currency-prices/

About this guide

Prepared by Parveen Akhtar, Restore & Revive Media. Guide and prices checked 30 September 2026. Timetables, fares, prices, access conditions and venue offerings can change. Confirm details with each provider before purchase. This independent guide is not produced or endorsed by Jacy'z Hotel & Resort.

Instagram: [@restoreandrevivewithparv](https://www.instagram.com/restoreandrevivewithparv)

Visit Jacy'z official website